

TIPS FOR PARENTS

“WHEN IS MY CHILD TOO SICK TO GO TO SCHOOL?”

Many parents ask, “When is my child sick enough to stay home from school?” This is not always an easy question to answer! We hope that these tips can help!

A child who is sick will not be able to perform well in school and is likely to spread the illness to other children and staff. We suggest making a plan for childcare ahead of time so you will not be caught without a comforting place for your child to stay if he/she is ill.

Our school policy states that you should not send your child to school if he/she has:

- Fever in the past 24 hours; any temp greater than 100.0, while not on Tylenol /Ibuprofen
- Vomiting in the past 24 hours
- Diarrhea in the past 24 hours
- Rashes that are spreading or not improving
- Open skin sores
- Red draining eyes; Pink Eye (must be on antibiotic drops for A FULL 24 hours before returning to school)
- Strep Throat (must have been taking an antibiotic for A FULL 24 hours before returning to school)
- Bad cold, with a very runny nose or bad cough, especially if it has kept the child awake at night
- Head lice – until your child has been treated and had a change of clothes

If your child becomes ill at school and the teacher or school nurse feel the child is too sick to benefit from school or is contagious to other children, you will be called to come and take him/her home from school. It is essential that your child’s teacher have a phone number where you can be contacted during the day and an emergency number in the event you cannot be reached. Please be sure that arrangements can be made to transport your child home from school and that childcare is available in case of illness. If your daytime or emergency phone number changes during the year, please notify your child’s teacher or front office immediately.

Please call the school’s Health Office Nurse if you have any questions or concerns.